

Homestays
Spa and Massages
5 rue Bellevue
Les Hôpitaux Neufs

contact@xtreem.fr
Tel : +33(0) 617 120 760



Chamois room

Lynx room

Marmotte room



Private room

1 Bed 160x200 for 2 persons
1 Bed 80x200 for 1 person

105 € by night 1 to 3 persons
+ Cleaning fee: 10 €

Chared room

3 Beds 80 for 3 persons
35 € by night by person
or configurable in

Private room

1 lit 160x200 pour 2 persons
1 lit 80x200 pour 1 persons
105 € by night from 1 to 3 persons
+ Cleaning fee : 10 €

Private room

1 bed 160 for 2 persons :
+ Cleaning fee : 10 €
75 € the night

+ Tourist tax of 6% per person per day levied by [Communauté de Communes des Lacs et Montagnes du Haut-Doubs](#)
20% discount on 7 consecutive days of rental

Chambres chez
l'habitant
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Hello

Here is a short description of the conditions to ensure that your stay goes as smoothly as possible.

You will be in "Homestay" accommodation. So I live there.

Only service animals are allowed.

Your arrival at the chalet will be from 5 p.m.

You will be staying in the "Chamois", "Marmotte" or "Lynx" rooms.

At the entrance to the chalet, two locker rooms with the room badge are reserved for you to store your belongings.

On the ground floor, the common spaces with the resident are: the kitchen, the dining room, the living room. You can bring your drinks, your food if you wish. A room badge compartment for your food in the fridge is available as well as storage space in the kitchen. You have access to the kitchen if you wish to cook your meals and breakfasts.

To make your stay easier, I suggest preparing breakfast or brunch with local and homemade products. Notify me upon your arrival to check my availability in order to respond to your request

Breakfast => 10€/person:

Coffee/tea/herbal tea/chocolate, bread, cheese, butter, yogurt and homemade jams, cereals, honey.

Brunch => 16€/person:

Breakfast + 2 fried eggs, Morteau sausage, grated cheese (Comté, Morbier), tomato.

To facilitate your departure or your outings, I suggest preparing a picnic with local products.

Takeaway picnic: €16/person

1 Morteau sausage/salad/tomato sandwich

1 cheese sandwich (comté / Morbier)

Chips

Fruits, depending on season

Bottle of water

Please let me know your order in advance as well as the time for breakfast or Brunch please

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Description of accommodation

Your arrival at the chalet will be from 5 p.m.

You can park your vehicle in front of the house.

Your bicycles or motorcycles can be parked in the garage.

You enter via the ground floor.

Area to take off your shoes, put down those rain gear or snow, umbrella, walking sticks...

Two lockers, a Marmotte, Lynx and Chamois are reserved for you to store other clothes, shoes and things that you will not use in the rooms.

On the 1st floor: you have at your disposal;

The kitchen to prepare your meals. Spices and oils are also available. One compartment per room is available in the fridge as well as a compartment for dry foods.

In the living room, in the dining room,

Outside: the terrace, garden and Spa await you to relax with Bellevues over the landscape of the Hôpitaux Neufs and Mont Rond (1463m).

For your relaxation, the massage SPA (Jacuzzi) is operational all year round. Use of the Spa is included in the rental service.

Before all SPA sessions, you must rinse (shower) for hygiene reasons. The SPA is available from 7 a.m. to 9 p.m.

On the 2nd floor:

The Marmotte and lynx room with small private terrace,

The chamois room with a view of the Mont d'Or.

The two bathrooms; common to rented rooms

We provide bed linen and bathroom linen.

We recommend that you do not make noise after 9 p.m.

Parties in the chalet are not permitted. The chalet is a place of relaxation and rest.

You will have the opportunity to purchase artisanal soaps and artisanal beers and champagne method bottles on site (to be consumed on site).

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Spa and Massage

As a practitioner in wellness massage (Swedish/Californian and foot reflexology certified at the IFJS massage school, I offer massage sessions or Spa + massage sessions. All the services offered are in the attached brochure.

What does massage bring you?

A moment of relaxation, relaxation of the body and mind

A release after the working day, sport, hiking or simply a moment of well-being.

A special attention paid to yourself.

A specific action on the body by the essential oils associated with it.

Promote letting go

Fight against a very common ailment: stress!

A tool at your disposal to improve your well-being.

Alone or as a couple, in a natural and green setting

Combine 20mn/40mn of Spa massage

(in water between 32 and 36°C depending on the season)

+ 50mn of massage of your choice.

Take care of yourself

Massages can be performed according to your needs, according to your request.

Do not hesitate to contact me for more information and to block your schedule.

Massages sur réservation uniquement.

30mn – 45€

50mn – 75€

60mn – 85€

SPA & Massage – 120€

Massages can be done according to your need, according to your request.

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**"I choose to take my Well-being urgently
instead of ill-being patient"**

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Massage Room



Well-being



Calm Relaxation



Relaxation

Spa + Massage

Crédit agricole Franche Comté
IBAN : FR76 1250 6200 7152 7253 3401 035
BIC : AGRIFRPP82

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XTreem



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Shops

In the center of the village, bakery, butcher's shop, Intermarché, cheese shop and several restaurants await you:

Aux Les Hôpitaux Neufs

Restaurant L'Edelweiss : 03 81 49 08 22

Restaurant La Chaumière : 03 81 49 16 40

Bar le refuge : 03 81 38 50 30

A Métabief

La Taverne Comtoise : 03 81 49 16 65

Le Chamois : 06 42 93 46 21

La Fabrik & Co by Donat : 03 39 27 09 17

Restaurant Le Gaulois : 03 81 89 21 29

Oh rond point des pistes Chez Zaza

A Jougne 2km

Ristorante pizzeria "La Tavernetta" : 06 29 37 91 66

Hôtel Restaurant de le Poste le 1900 : 03 81 49 27 24

Remember to book!

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Outdoor Activities

You can enjoy hiking or mountain biking on the [GTJ\(Les Grandes traversées du Jura\)](#), [GR5 \(La Grande Traversée des Alpes\)](#) and the via [GR145\(la Francigéna, pèlerinage reliant Canterbury à Rome en passant par la France et la Suisse\)](#) which pass through the Hôpitaux-Neufs center

[See also the site FFRandonnée](#)

You can enjoy hiking or mountain biking on the and via which pass through the center of Hôpitaux-Neufs

Of course you can enjoy hiking or mountain biking on Lake [Malbuisson](#) and the [montagne du mont d'Or](#).

For the winter period for cross-country skiing, alpine skiing, snowshoeing. A shuttle located at the Miroir campsite will take you to the Métabief site.

For any information contact the Métabief tourist office. <https://www.tourisme-metabief.com/>

Métabief

[Luge d'été](#)

Hopitaux-Neufs



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Please send an SMS or call me for any further information.

Don't forget to let me know the time of your arrival, 1 to 2 hours before, so that I can organize myself and be there to receive you.

You must vacate the room by 11 a.m. on the day of your departure.

We look forward to welcoming you to the chalet to spend moments of relaxation, relaxation and well-being.

See you soon

Sincerely

Xavier

A handwritten signature in black ink, consisting of several overlapping loops and lines, positioned over the printed name 'Xavier'.

Payment methods are made when booking by bank transfer, check or Paylib.